

#### **CONTACT DETAILS**

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~ Established 1906 ~

#### Term:1 Week:4

#### February 25<sup>th</sup> 2016 ~Diary Dates~

#### March

Parent Club AGM 8<sup>th</sup> Gov Council AGM 10<sup>th</sup> SRC Focus Group

14th **Adel Cup PHOL** 15<sup>th</sup> Student Free Day 25<sup>th</sup> Good Friday P/HOL 28th Easter Monday P/HOL 31<sup>st</sup>

SRC Focus Groups

#### April

4-5<sup>th</sup> Parent/Teacher Inter

15<sup>th</sup> Major Ski Trip Fundraiser  $15^{th}$ Last Day of Term 1

#### TERM DATES-2016

Term 1.~ 1st Feb ~ 15<sup>th</sup> Apr Term 2. ~ 2<sup>nd</sup> May - 8<sup>th</sup> July Term 3. ~ 25<sup>th</sup> July- 30<sup>th</sup> Sept Term 4. ~ 17<sup>th</sup> Oct- 16<sup>th</sup> Dec

#### TERM DATES-2017

Term 1.~ 30<sup>th</sup> Jan - 13<sup>th</sup> Apr Term 2.~ 1<sup>st</sup> May - 7<sup>th</sup> July Term 3.~ 24<sup>th</sup> July - 29<sup>th</sup> Sept Term 4. ~ 16<sup>th</sup> Oct - 15<sup>th</sup> Dec

#### Recent Notes

Date

# Principal's Report

The Term has started off hot and busy with lots of learning and extra curricular activities occurring.

At the Acquaintance night I talked about the power of 'Yet' (not being able to do things - 'Yet') and encouraging our students to struggle through things, letting them explore and learn for themselves instead of us as adults over helping or rescuing. We all must be willing to have that thought process, knowing that we are all continually learning, learning from our mistakes and improving ourselves. The efforts are putting in may not get immediate reward, but if we maintain our effort improvement will come. It has been great that I have seen most students take on these ideas so far this term.

#### Swimming Carnival

Our annual swimming carnival was held at the town pool last Thursday 18th February. The weather was perfect for the day!!

All students participated very well, with great family and community support.

Special congratulations must go to Tristan Pearson who broke four records on the day!

More results on page 5.

A huge thank you must go to all parents and carers who assisted. In particular I would like to thank the swimming pool committee for providing a BBQ and drinks, and parents who volunteered to be class helpers, timers and in packing up after the event. Special thanks to Deb Colwill and Sam Wurfel for their fantastic job with swimming lessons and life guard duties on the day.

I must make mention of the staff, student and parent relay, which was once again comfortably won by the students of Venning (staff coming in a comfortable second)! This goes to show the quality of swimmers they have in their team, leading to them winning eight carnivals in a row!! Well

If you have any feedback on what we can improve around the swimming sports day please give us a call at school or send in a note. We are always looking for things we can do better.

#### **SAPSASA News**

#### Softball

Five of our Yr 6/7 girls are trying out for the Murray Mallee team at Lameroo today to compete in the SAPSASA Carnival in Adelaide in March. We wish them all the best.

#### **Swimming**

On Monday the 7th March selected students will travel to Murray Bridge in an attempt to make the Murray and Mallee SAPSASA swimming team. Good Luck to those students. Those students who qualify will compete in Adelaide later in the term.

#### School Crossing

reminder for all parents and students that when they are crossing Bundey Tce, they must use the pedestrian crossing, both in the morning and afternoon.

I have been made aware of a couple of near incidents in the first few weeks of school. Students on bicycles are reminded that they are to get off their bikes and walk them across and also walk them inside the school yard.

Bundey Tce is a very busy place before and after school and I'm sure we would all like to see users of the area kept safe.



www.pinnaroops. sa.edu.au



**PINNAROO PRIMARY SCHOOL** 

#### Student Leadership

Every one of us has the opportunity at different times in our lives to be a leader. More often than not these are roles that go unrecognised or occur in situations where we might not even see ourselves as having been a leader.

boon a loadon.			On Edday of last week the whole	
Building Blocks	Leadership Mindset	Leadership Behaviours	On Friday of last week the whole 6/7 class were challenged with what leadership is and how they all have certain skills and	
Presentation Skills	Speak Out	<ul><li>Speak Clearly</li><li>Stand Strong</li><li>Make eye contact</li></ul>	characteristics of leaders, and how they can continue to improve and develop these skills further. The skills around Responsibility	
Responsibility	Be Accountable	<ul> <li>Be accountable for yourself</li> <li>Be accountable as a group member</li> <li>Be accountable for belongings</li> </ul>	and Organisation are critical in the development of our students in everyday life for future success. In the year 6/7 class we	
Organisation	Plan Ahead	<ul> <li>Think about what needs to be done</li> <li>Make time</li> <li>Plan ahead</li> </ul>	discussed how forgetting something was often an excuse for not being organised! This is a great lesson for all of us,	
<b>Teamwork</b>	Work Together	<ul><li>Cooperate with others</li><li>Encourage others</li><li>Accept all team members</li></ul>	including me! Please partner with us as your child/rens mentors to help develop these skills in our	
SHIGHIES				

students.

I look forward to seeing more great learning occurring in the classes for the remainder of the term.

'AIM HIGH'

Sunyl Vogt

# Student Awards

Our first assembly for 2016 will be held tomorrow, Friday 26th February from 9am. All welcome

# **Governing Council**

The 2016 Governing Council Annual General Meeting is scheduled for Tuesday 8th March at 8:00pm in the Staff Room.

Governing Council has a number of dedicated members due to retire as their elected time on Council has finished. We sincerely thank them for their time and decision making as the work they have done on the Council has allowed many great changes to our school's curriculum and facilities.

Retiring members are: Matthew Thiel, Darryl Bennier, Amanda Tyler, Heath Nickolls, Craig Gum, Shona Hyde, Mark Gum. Sara Jenzen and Barbara Pearson (who complete their 2 year terms)

Of course all retiring members are eligible for re-nomination. A Parent Club rep will be elected at their AGM. Continuing members are Sunyl Vogt (Principal) and Chloe Schunke (staff rep.) Daniel Schiller, Wade Nickolls, Mark

We would encourage any parent wishing to participate in decision making and policy formation for your children at this school to nominate for Governing Council. If you are not sure what this entails please ask at school or see an existing Council member. Meetings are held twice a term and run for approximately 1-2 hours. A nomination form appears later in this newsletter.

Parents are also encouraged to attend the AGM to receive Sunyl's Annual report for the 2015 school year.

Look forward to seeing you all there!

Amanda Tyler (Secretary)

# **PPS Swimming Carnival Highlights**

On Thursday 18th of February the Pinnaroo Primary School held their annual Swimming Carnival at the Pinnaroo Swimming Pool. WE were blessed with fantastic weather for the day, with students, teachers and parents keen to get in the water.

The day proved to be very successful with some great fun had in all events as well as 4 records broken, well smashed by Tristan Pearson.

At the conclusion of the novelty events house teams Hensley and Venning were neck and neck, with only 4 points the margin. Following the championship events with some standout performances by Venning swimmers, the margin was stretched by Venning who won 417 points to Hensley's 351. This marks 8 in a row for Venning.

#### **Records broken**

Tristan Pearson	11y.o.boys	50m sidestroke	54:25s	previously T. Keough 2002 1:02:52
		50m breastroke	49:37s	previously K. Richardson 1999 59:80s
		25m backstroke	21:78s	previously M. McKenzie 2001 27:65s
		50m freestyle	36:13s	previously P. Hansen 1997 40:04s

#### **Age Group Winners**

	<u>Encouragement</u>	<u>Runner Up</u>	<u>Champion</u>
9y.o. girls	Jazz	Lauren	Charitie
9y.o. boys	-	Javen	Zhane
10y.o.girls	Isabelle	Alisha	Georgie
10y.o.boys	-	-	Owen & Jack
11y.o.girls	Ruby	Nicole & Abbey	Elsie
11y.o.boys	Mitch	Ryan	Tristan
Open girls	Kelsey	Bailey	Tilly & Elli
Open boys	-	Riley	Jaylen



#### Age Group Winners

Back Row L-R: Jaylen, Riley, Ryan, Bailey, Elsie, Elli, Ruby, Tilly, Isabelle, Kelsey, Connor, Abbey, Tristen, Nicole (hiding), Owen

Front Row L-R: Jack, Javen, Zhane, Lauren, Jazz, Charitie, Georgie

<u>Venning House Captains</u> L-R: Tilly, Abbey, Owen, Tristan



# **Parent Club**

#### PPS Parent Club Annual General Meeting and General Meeting to follow

on Friday 4 March at 9.30am at the School Community Library.
Parent Club Members and all PPS
Parents very welcome

Come along & enjoy a cuppa and listen to what is happening at your child's School!

By being on Parent Club you can make new friendships through your child's school network while having valuable input into Pinnaroo Primary School

# **School Announcements**

# **Department and School Parent Complaint Policy**

#### Parent guide to raising a concern or complaint

We all expect quality and expert care and teaching for your child in order that they achieve their potential. Working together will give us the best chance of solving a problem that may arise during your child's years in preschool and school.

We also recognise that at times things may go wrong. If you have a concern or a complaint, we want you to let us know. It's important to learn from mistakes or misunderstandings so that we can improve your child's experience and learning, and also improve processes where possible.

The first step in working through a complaint is to talk to your child's teacher, and then the director or principal if you still are not happy.

Ask at the front office for a copy of the school/preschool's *Parent Guide to Raising a Concern or Complaint* brochure. Steps guiding how complaints should be made are explained in the brochure.

Use this guide to help you think through what you are concerned about and how to resolve the matter respectfully and effectively.

#### About complaints or concerns

This information may be helpful in explaining what a complaint is:

A complaint may be made by a parent if they think that the school has, for example:

- done something wrong
- failed to do something it should have done
- acted unfairly or impolitely.

Your concern or complaint may be about:

- the type, level or quality of services
- the behaviour and decisions of staff
- a policy, procedure or practice.

Sometimes a complaint is about something we have to do because of State or federal law. In such cases we are able to talk to you about the matter and help you understand the requirements and why they exist.

If you'd like more information give me a call Sunyl Vogt or visit the department's website at <a href="mailto:www.decd.sa.gov.au/parentcomplaint">www.decd.sa.gov.au/parentcomplaint</a> or email <a href="mailto:DECD.parentcomplaint@sa.gov.au">DECD.parentcomplaint@sa.gov.au</a>.

There is also a Freecall number 1800 677 435.

# **Library News**



#### **PRC Update**

Reading record forms for the 2016 Premier's Reading Challenge are being sent home this week. We would love it if all of our students could participate in and complete the challenge this year.

You can help us by encouraging your child to fill in their student reading records as they read their books and by signing off on what they have read.

The Challenge is to read 12 books in total.

In reception to Year 7, **8** of these books are to be from the Challenge booklists, and **4** of their own choice. E -books and audio books can be included as well as print books. You can also include books that you have read to your child.

You can find out which books are on the Challenge booklists by visiting http://www.premiersreadingchallenge.sa.edu.au/prc/pages/books

You can also use the library catalogue to search for PRC books or look for the coloured PRC stickers on the spines of books in the library.

Please make sure your child hands the form to their teacher or brings it to the library by:

Friday 9<sup>th</sup> September.

Please contact Marianne or Lynne in the library for further information.

#### **Red Gum Book Club**

A reminder that RED GUM Book Club orders close 7th March and will be delivered to the school by 18th March.

Please look at the full term 1 catalogue here,



https://issuu.com/redgumbookclub/docs/redgum book club term 1 2016 school/1 or go to www.redgumbookclub.com.au to place your order - with 20% from every order coming back to our school library!

Redgum Book Club supports Australian authors, illustrators and publishers to keep our Australian children's book industry strong. They provide books with sound literary content and satisfyingly educational products. Plus, every order receives a free gift as your child's reward for choosing a great book to read!

#### Your Child's Borrowing Day

A reminder that your child/ren's borrowing days for this term are:

\*Reception/ Yr1 Wednesday
\*Year 2/3 Tuesday
Year 4/5 Wednesday
Year 6/7 Tuesday

Please provide your child with a library bag for this purpose, which helps to keep books safe from drink bottles, food and other perilous items in your child's school bag. Thank you.

# **School Announcements**

#### **Hot Weather Policy**

In extreme heat, which we hope we don't see too much of this term, the school will implement its 'Hot Weather Policy'. This means that when it is forecast over 38° in Renmark all students will remain in their classroom or designated area eg. Assembly Room or Library for the entire lunch break. The classroom teachers / school may also use their discretion to have modified play at the recess break if required on specific days as well.

#### **Catastrophic Fire Days**

With the Bushfire season upon us I would like to remind all parents and carers that Pinnaroo Primary School does not close on forecast catastrophic days. However no buses will be able to run on these days. On these days parents will need to make the decision to transport your children to school or to keep them home.

The announcement of these days cannot be made until DECD is notified of the following days forecast by the Bureau of Meteorology after 4pm. The school will make every effort to contact parents once this announcement has been made.

Information will also be provided on the DECD Parent Hotline (1800 000 279), ABC Radio 891 and local regional stations, ABC TV and the DECD website <a href="https://www.decd.sa.gov.au">www.decd.sa.gov.au</a>

#### **Produce Stall**

#### PPS will be holding a Produce Stall on Thursday 24 March in the Main Street Pinnaroo

We are fundraising for Di Nuske's
Pastoral Care Worker Position
so Di can purchase additional resources to assist
in her very valuable role at PPS.

Any food donations, eg cakes, slices, preserves, fruit & vegetables very welcome Please leave donations at PPS reception area the week of 24 March

# WANTED Recycled Aluminium Cans

The SSO room is seeking <u>clean</u> food tins for a display they are making. Eg. Baked bean tins.

#### **SA State School Term Dates**

All school terms – break up 1 hour early on last day of term for school holidays

#### Term Dates for 2016

Term 1 1 February – 15 April Term 2 2 May – 8 July Term 3 25 July – 30 September Term 4 17 October – 16 December

#### **Public Holidays 2016**

Australia Day – Tuesday 26 January (during school holidays) Adelaide Cup – Monday 14 March Good Friday – Friday 25 March Easter Monday 0 Monday 28 March Anzac Day – Monday 25 April (during school holidays) Queen's Birthday – Monday 13 June Labour Day – Monday 3 October (during school

#### **SRC Groups-Volunteers needed**

holidays)

Due to the success of our SRC programme last year SRC groups will continue in 2016.
Groups are as follows, School Grounds, School Pride, School Community and School Activities.
Students from Reception to Year 7 are allocated into the 4 different areas where they will remain for a semester. An executive SRC member will be in each group.

This year we are asking for volunteer support to the various groups. SRC will run on Thursday this term from 1.40pm till 2.40pm in weeks 6 and 9 ie: 10<sup>th</sup> and 31<sup>st</sup> March.

If you are able to help out please contact either the teacher in charge of the group or alternatively the front office. We thank the school community for your continued support.

# **School Notices**

# Literacy Shield

Inaugurated in 2011 the Literacy Shield is used to encourage and support the students reading program and reward participants for improving their reading outcomes and reading on a regular basis.

- 1. Each week, each student will have the chance to earn 1 point for their House Team (Hensley or Venning) as well as individually.
- 2. Points will be given if they meet the reading requirements of the class teacher. These will be as follows:
  - Reception / Year 1 Read 4 Nights for the week (e.g. Monday Monday)
  - Year 2/3 Read 4 out of 5 Nights for the week (e.g. Monday Thursday)
  - Year 3/4 Read 40 Minutes/ week (Monday Thursday)
  - Year 5/6/7 Read 60 Minutes/ week (Monday Thursday)

PLEASE NOTE: Allowance is made for students with an explained absence. E.g. If the school has been advised of a child's absence, then their reading requirement for that day is considered met. This will ensure that students with a perfect reading record, who have been absent at some stage, will not be disadvantaged.

- 3. Reading Diaries will need to be signed by a parent or caregiver to verify the student has met the reading requirements each night or for the week.
- 4. Every Friday Reading Diaries will be checked by the class teacher and points recorded.
- 5. At the end of each term
  - A running tally of points for Hensley and Venning will be given to encourage improvement and competition.
  - Students who have a perfect term and been awarded a point for every week of the term will be awarded a voucher (valid for 12 months) to purchase books (e.g. in a 10 week term, they earn 10 points).
  - If a child has been absent or ill, concession will be given to them in accumulating points for themselves and their house.
- 6. At the end of the year the House with the most points will be awarded the 'Literacy Shield.

# **Reminder: School Fees**

#### **Materials and Services Charge**

A reminder to all families that payment of their school fees is due tomorrow, **Friday 26th February.** 

If you need to arrange a payment plan please contact Michelle at the front office. School card applications are also available at the front office.

# **Governing Council**

#### PINNAROO PRIMARY SCHOOL GOVERNING COUNCIL SUBCOMMITTEES RULES AND REGULATIONS

There will be a notice in the newsletter after the Annual General Meeting asking for participation on the Governing Council Subcommittees

Subcommittees: Finance

Grounds Bus

Curriculum

Asset Management

**Fundraising** 

Each subcommittee will have a roll statement

There must be at least one Governing Councillor on each Subcommittee. One of these is to be Convenor of the committee. The role of the Convenor is to call meetings, ensure the agenda is prepared, be responsible for the general running of the meeting and report back to Governing Council.

Meeting Procedure:

- Agenda prepared essential for an effective meeting
- Opening and apologies
- Confirmation of previous meeting Minutes
- Business arising from Minutes
- Correspondence
- General Business

Minutes are to be kept of Subcommittee meetings

- Name of Committee
- Time & Place of meeting.

Resolutions for recommendations that were made. It is preferred that the mover and seconder of a resolution not be reordered, all that is required is the statement that "it was resolved".

Reports from the Minutes should be written and, if possible circulated prior to Council meetings.

The Minister of Education and Children's Services indemnifies Governing Council Subcommittees against personal injury and property damage claims raising from the conduct of their affairs provided the activity is not excluded from cover. However, in this instance, the Principal must approve the activity of the subcommittee, in advance. Affiliated committees must not engage in activities which are excluded under the Governing Council's indemnity (Section 5-24).

#### **SUBCOMMITTEES**

Governing council is a decision making organisation – if a decision can not be made at a particular meeting because of lack of information or further consideration is required, refer it to another committee – either a standing Sub committee or a special committee convened for that purpose ie an "ad hoc" Committee.

For the Governing Council to operate effectively and provide for maximum participation for all.

Because of the volume of decision making being undertaken by Governing Council, it is no longer feasible for all matters to be fully discussed by all the Council. The use of subcommittees has become and essential development of an effective Governing Council. This means that the Governing council must develop the art of delegation and the mutual trust and respect in other Council members to develop recommendations for discussion at Council, in which they have not been involved.

Subcommittees would research and develop recommendations for decision by council. They do not have the authority to act on their own behalf unless the power has been given prior by the Council some Councils insist that all new business, including correspondence, should first be referred to the relevant subcommittees before being referred to Council. Some urgent matters may need to be exempted from the procedure.

# **Governing Council**

#### **Role Statements for Governing Council Subcommittees**

#### **Finance Committee**

- To advise the Governing Council about all school budget matters.
- To recommend approval / non-approval of the annual school budget to Governing Council
- To make recommendations to Governing Council regarding approval / non-approval of single item purchases greater in value that \$500 not previously approved in the budget.
- To reconcile requested expenditure against expected income.
- To monitor requested expenditure throughout the year and to allocate money from the contingency (reserve) fund as it considers necessary. No budget line may be overspent without prior permission.
- Meet a minimum of 2 times per term.

#### **Curriculum Committee**

- Reflect upon and review / monitor the progress of curriculum priorities within the school.
- Formulate the curriculum priorities for the year.
- Examine new curriculum proposals and policies (DETE) and to advise the Governing Council about these.
- To recommend approval / non approval to Governing Council for curriculum initiatives.
- Meet a minimum of one time per term.

#### **Grounds & Surrounds Committee**

- Regularly oversee the condition of the school ground.
- Report to Governing Council about condition of the grounds.
- Develop and plan for grounds development and upgrading.
- Organise working bees.
- Check playground safety and make recommendations to Governing Council.
- Meet on a needs basis.

#### **Asset Management Committee**

- Oversee the condition and maintenance of the school buildings.
- Report to Governing Council about the condition.
- Develop a 5 year Asset plan for the school.
- Advise Governing Council about priorities.
- Meet on a needs basis.

#### **Fundraising Committee**

- Organise / fundraising activities throughout the year.
- Report to Governing Council about activities.
- Report to and liaise with finance committee about events and money raised.
- Prioritise funds from fundraising to what it will be spent on.
- Meet on a needs basis.

#### **Bus Committee**

- Review Bus Policy beginning of each year. (eg. examine criteria and information set out in the policy and the school, parent, driver and DECS expectations)
- Report to Governing Council about issues road condition, route changes, parent issues.

### **Pinnaroo Primary School**

Governing Council—Nomination Form

I, nominate
For election to Governing Council.
SIGNED:
I accept the nomination for Governing Council.
SIGNED(Return to Front Office by Thursday 26th February, 2016)

# **Community Notices**

#### Mental Health Carer Support and Respite Murray Bridge

Uniting Communities Carer Support and Respite Service aims to assist families and individuals to develop a range of skills and strategies in a flexible manner to help support their family member with the mental health challenge.

Sometimes everything can seem to get on top of us and as a carer you may feel overwhelmed and not know which way to turn. By talking with the Uniting Communities Peer Support Worker who has lived experience of caring for a person with a mental health challenge, you can share in a safe and caring environment and be provided social emotional and /or practical support to you in your caring role.

This is a free and confidential service. No diagnosis is required. You can self refer or be referred by another service provider.

Youth, Aboriginal and Culturally and Linguistically Diverse Communities are a focus however not exclusive to Uniting Communities Carer Support and Respite Service.

Uniting Communities Carer Support and Respite Service can offer the following:

Respite including short term breaks from the caring role

Educational programs that increase knowledge, understanding and acceptance with the aim of increasing the carers resilience and self care

Advocacy that will strengthen and empower carers

Information and referrals to other community supports

Social and recreational activities

Carers support groups

In home and out of home support

Uniting Communities Carer Support and Respite Service covers the following areas:

Mid Murray including Mannum, Meningie, Pinnaroo, Murray Bridge area, Mount Barker Council

Victor Harbor Council area, Alexandrina Council area

To make an appointment or to find out more please contact:

Cathy Smith – Senior Coordinator Phone: 08 85310571



For further information contact Peter Magarey 0418 808 296 www.loxtonmardigras.org.au

# Keep your kids smiling

SA Dental Service

Have you received a letter from Medicare about the Child Dental Benefits Schedule? The School Dental Service is a Child Dental Benefits Schedule provider.

Dental care is FREE for ALL babies,

pre-schoolers and most children under 18 at the School Dental Service.

Please call now for an appointment.

Murray Bridge School Dental Clinic

Phone: 8531 9300



# **Community Notices**

#### **Pinnaroo Agricultural Show Society**



# Annual General Meeting

Monday 1<sup>st</sup> March at 7.30pm at the Show Office All welcome President: J Schutz Secretary: L Heinicke

Celebrating our 100th year this October



PINNAROO NETBALL CLUB

# **Coaches Required**

Now seeking expressions of interest in all <u>Senior</u> and <u>Junior</u> Grades for the 2016 Season



Please email expression of interest to pinnaroosecretary@gmail.com by the 1st March 2016

FREE Parenting SA seminar







#### Presented by Dr Justin Coulson

- Nationally recognised parenting speaker
- Newspaper columnist
- TV commentator, author and researcher

# Toddlers and touch screens: What should I do?

- the pros and cons of the digital age for children 0-5 years
- how and when to introduce phones, tablets, apps, e-games
- · how to manage electronic media use

#### Tuesday 5 April

When: 7.00 - 9.00pm

Where: City Rooms, Adelaide Convention, Centre, North Terrace, Adelaide

Register to attend in person or view the

live webcasts at: http://parentingsa.eventbrite.com.au Phone: 8303 1660

Email: health.parentingsa@sa.gov.au

Find out more about Dr Justin Coulson at www.happyfamilies.com.au For parenting information go to www.parenting.sa.gov.au or www.cyh.com.

For the benefit of all participants unfortunately we are unable to admit babies and children.

FREE Parenting SA seminar









#### Presented by Dr Justin Coulson

- Nationally recognised parenting speaker
- Newspaper columnist
- TV commentator, author and researcher

#### Children, teens and pornography: What every parent should know

- the alarming statistics
- · are we becoming desensitised?
- the impact on boys and girls
- · how parents can guide children and teens

#### Wednesday 6 April

When: 7.00 - 9.00pm

Where: City Rooms, Adelaide Convention Centre, North Terrace, Adelaide

Register to attend in person or view the

live webcasts at: http://parentingsa.eventbrite.com.au Phone: 8303 1660

Email: health.parentingsa@sa.gov.au

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For the benefit of all participants unfortunately we are unable to admit babies and children.





# taking a break

For mums aged up to 25 years and their little ones to connect, take some time out for fun and discuss topics such as parenting, health, child development and more.

Come along and catch up every second Friday

from 1pm-3pm during school terms

Tinyeri Children's Centre, 65 Jarvis Avenue, Murray Bridg

Free creche and transport assistance available bookings required)



Contact: Skye at Tinyeri on 8531 1515 Natalie at headspace on 8531 2122

#### TERM 1 2016 PROGRAM

12th February: Make your own indoor plants Children's activity—craft flowers and plants

26th February: Child friendly recipes

Alice OT from Tinyeri will also be available to discuss children's eating

Children's activity— Food tasting and cooking

11th March: Let's read

Outing to the Murray Bridge Library and free reading packs for children Children's activity—reading

1st April: Clothes swap and accessories making

Bring along your pre-loved adult and children's clothes to swap

Children's activity—dress ups

8th April: Bowling at Bridge Bowl

End of term celebration for mums and children







oung Mums is proudly funded by ac.care Communities for Children Murraylands and delivered by our Community Partner headspace Murray Bridge in partnership with Tinyeri Children's Centre.





